

A

Yoga Day

Activity

Celebration

CONDUCTED ON (Online)

21th June 2021

AT

**SIDDHANT INSTITUTE OF BUSINESS
MANAGEMENT**



Prof. Surekha Ningule

(Coordinator)



Director, SIBM





SIDDHANT INSTITUTE OF BUSINESS MANAGEMENT, SUDUMBARE

Yoga Day

Date: 21/06/2022

Time: 10:00 am onwards

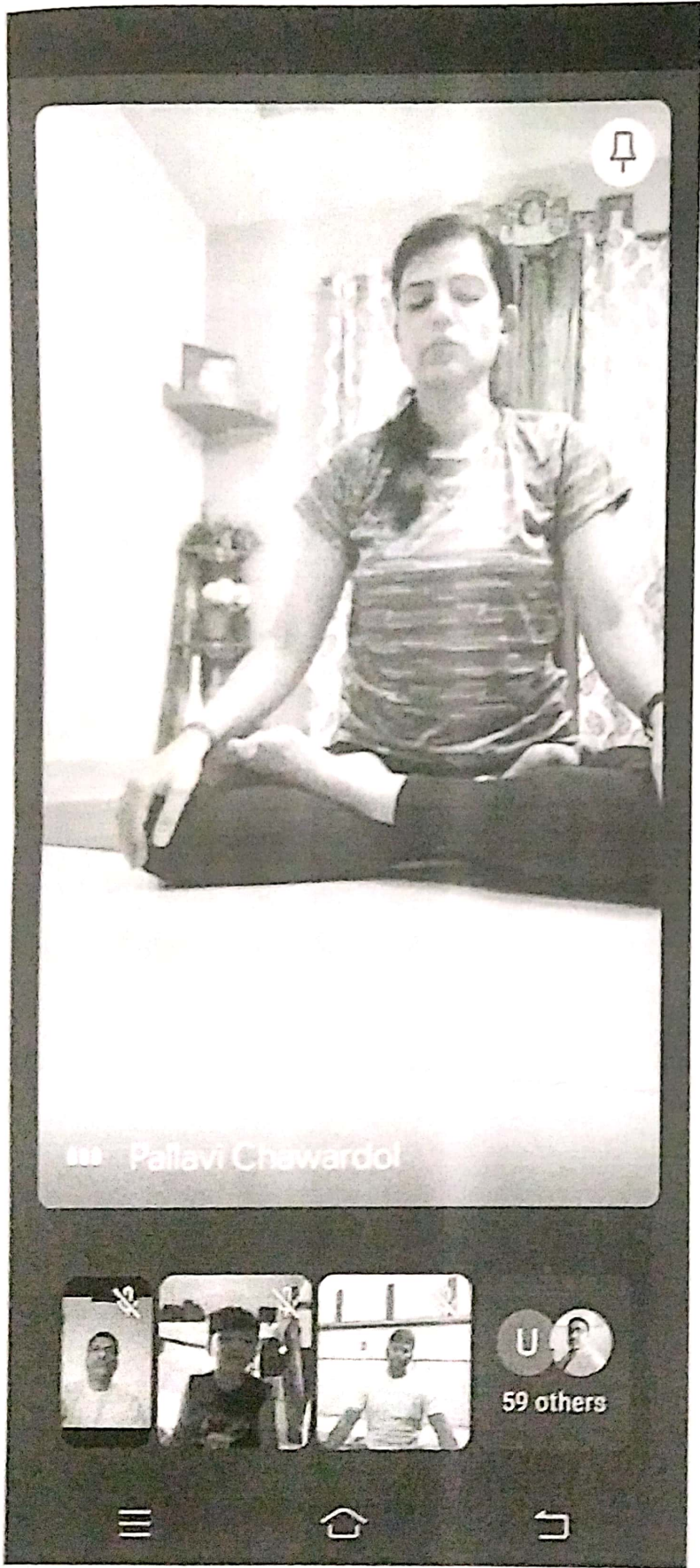
Mode: Online

Guest Trainer: - Pallavi Chawardol

International Yoga Day is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system. Yoga is a practice that has been around for centuries and has gained immense popularity in recent times. It is not just a physical exercise, but a holistic approach to wellness and self-care.

International Yoga Day celebrations ended with a huge success under the supervision of Our director Dr. Nadeem Khan .

The function ended with a vote of thanks by Prof. Sanjay Chavan & all faculty, students , staff were participated



People

Info



Share joining info

IN CALL



Dr. Pratap Pawar (You)



AKASH PADWAL



Akshada Jadhav



arti gawade



Avinash Ram



BHAGWAT NIRMAL



Bhakti Deshmukh

